

NAPSA CONFERENCE KEYNOTE SPEAKERS



TERESA OSBORNE, SECRETARY OF AGING

Teresa Osborne was nominated on January 16, 2015 by Governor Tom Wolf, and was confirmed as Secretary of the Pennsylvania Department of Aging by a unanimous vote of the Senate on May 13, 2015.

Secretary Osborne most recently served as the Executive Director of the Luzerne/Wyoming Counties Area Agency on Aging; previously served as Chancellor and Chief Operating Officer of the Diocese of Scranton and prior to that was Executive Director of the Lackawanna County Department of Human Services and Executive Director of the Lackawanna County Area Agency on Aging. A native of Scranton, Pennsylvania, Secretary Osborne has over two decades experience working with and advocating for older Pennsylvanians and other vulnerable populations.

She has volunteered with numerous not for profit and community organizations focused on improving conditions for seniors, persons with disabilities and the marginalized. She was recognized by Marywood University with their Recent Graduate Award, received the Legion of Honor Award from The Chapel of Four Chaplains, and was recognized as a Northeast Woman of distinction by the Scranton Times-Tribune.

Ms. Osborne has a long history of involvement in professional and community service arenas including: the Scranton Lackawanna Human Development Agency, Friends of Holy Family Residence, the Shamrock Heart Foundation and St. Joseph's Center Festival Committee.

She earned her Bachelor of Social Work degree and Masters of Health Service Administration from Marywood University. She was an Immaculate Heart of Mary Scholar and is a member of the Alpha Epsilon Lambda Honor Society, the Pi Alpha Alpha Public Administration Honor Society and the Sigma Phi Omega Gerontology Honor Society.



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ANNAROSE INGARRA-MILCH

Annarose Ingarra-Milch is a sought-after inspirational speaker, positive aging advocate, and author of the award-winning novel “Lunch with Lucille”.

A frequent speaker at international, national, and local conferences, Annarose draws upon her lifetime experiences as an investigative and supervisory probation officer, criminal justice educator, corporate trainer, and serial entrepreneur to share an uplifting message about the value of age.

Annarose works closely with Temple University Harrisburg providing soft skills training for professionals serving our vulnerable adult and older adult populations.

She is the President of ROI Training & Consulting, LLC, a premier professional development and business management consulting firm. Her web-series, “The People Chronicles – Storied Women” showcases local women who bravely share stories of how they shifted an adversity into an advantage. Deeply invested in her community, Annarose serves as a mayoral appointed Stadium Commissioner for the Fightin Phils and City of Reading and on the board of directors of FairView Children’s Play Therapy Counseling Center and The Wisdom Coalition.

In July, Annarose was crowned Ms. Pennsylvania Senior America, 2016. She is the 2016 Sallie Lee Lifetime Achievement Award recipient, TriCounty YWCA, Pottstown, PA, and is a Wall Street Journal Woman of Note. In late September Annarose will offer a TEDx Talk titled, “Your Age is Your Best Asset.”

Annarose and her positive aging message have been featured in the Wall Street Journal Retirement Living, TD Ameritrade online, on television and radio talk shows, as well as in numerous newspapers and magazines.

Living in Reading, PA. Annarose is married to Charles for almost four decades. They have three very grown children and four grandchildren.

